



Nepean Triathlon - Swim 1k - Bike 30k - Run 10k

Pos	Name (#)	Time	Categ (Pos)	Gender (Pos)	Swim	T1	Cycle	T2	Run
314	CHRIS AHRENS (680)	2:06:49	40-44 (58)	Male (279)	0:21:48	0:03:15	0:52:10	0:01:52	0:47:42
355	GEOFF LUSCOMBE (418)	2:08:56	55-59 (8)	Male (311)	0:22:18	0:02:45	0:54:11	0:01:43	0:47:57
385	RON SIMPSON (449)	2:10:54	55-59 (10)	Male (335)	0:19:14	0:02:32	0:53:13	0:01:22	0:54:32
555	CHRIS BARCLAY (347)	2:21:13	55-59 (20)	Male (455)	0:22:56	0:01:55	0:59:21	0:01:20	0:55:39
634	GRANT LESLIE (410)	2:28:21	55-59 (26)	Male (505)	0:22:23	0:02:15	0:52:58	0:01:30	1:09:13
665	CRAIG BURLEY (357)	2:32:32	55-59 (29)	Male (528)	0:31:22	0:01:53	0:58:11	0:01:29	0:59:34
703	MANDY ZAMMIT (259)	2:38:52	40-44 (36)	Female (152)	0:24:14	0:03:15	1:02:11	0:02:03	1:07:06

Nepean Enticer Triathlon - Swim 250m - Bike 10k - Run 2.5k

Pos	Name (#)	Time	Categ (Pos)	Gender (Pos)
66	HOLLY HENDERSON (1435)	0:41:58	14-15 (12)	Female (26)

Nepean Enticer Triathlon - Swim 125m - Bike 5k - Run 1.25k

Pos	Name (#)	Time	Categ (Pos)	Gender (Pos)
85	BETH LUSCOMBE (1314)	0:32:13	10-13 (39)	Female (39)

Nepean Enticer Triathlon - Swim 50m - Bike 2k - Run 500m

Pos	Name (#)	Time	Categ (Pos)	Gender (Pos)
22	THOMAS LEWIS (1217)	0:11:57	7-9 (13)	Male (13)