



December 2015 Club race

Triathlon - Sprint 500M - 20kM - 5kM

13 Dec 15

Name	Swim	Cycle	Run	Time
Mandy Zammit	17:05	25:10	16:10	0:58:25
Ammon	12:41	37:34	23:20	1:13:35
Chris Ahrens	15:08	39:12	24:31	1:18:51

Duathlon juniors

Liam	4:50	8:26	7:14	0:20:30
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